# **Included** Activities

Our expeditions are designed to put you in the action as much as possible. To maximize your time in the incredible destinations we visit, we offer a range of included activities as part of your voyage.



#### Polar Plunge

permitting.

A time-honored tradition, the polar plunge is a celebrated optional rite of passage for polar travelers. Take the plunge to cheers of encouragement from all on board! NB: This

activity is available on selected expeditions only, weather



#### Guided Hikes

- 000 Adventurous hikes for all abilities are offered on our

expeditions, guided by our expert Expedition Teams. Explore historical ruins, stroll rocky shores, admire local flora and fauna, or scale heights to delight in spectacular vistas.



### Photography

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Our photography guides offer onboard lectures that are filled with handy hints to improve your camera and photography skills, and will help you capture those memorable moments in the field during excursions.



## **Zodiac** Cruises

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Explore rocky coves, marvel at spectacular glaciers and icebergs, discover secluded bays and search for wildlife in hard-to-reach places in our fleet of trusty Zodiacs - sturdy and heavy-duty inflatable rubber speedboats.