# **Optional Activities**

Your expedition can be as active as you want. We have the most comprehensive activity program and offer an unrivalled array of activities so you can reach new limits and live out your wildest dreams.

Choose from a large selection of optional activities led by our professional and passionate Expedition Team.



### Sea Kayaking

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Silent and sleek, sea kayaks are perfect for exploring wild coastlines, allowing you to get up close with the amazing wildlife.



#### AA Scuba Diving

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Get under the surface of the sea and discover the hidden wonders of the underwater world with some of the world's best dive masters.



#### Snorkeling ල )

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Witness wildlife in action and marvel at the fascinating display of life under the water as you snorkel and drift along at a leisurely pace.



### Paddling

Enjoy an unforgettable experience on the water with coastal paddling in inflatable kayaks. This is ideal for those with no experience who are seeking a 'lite' kayaking experience.

\*Subject to appropriate weather and sea conditions.



• CO Easy to moderate activity, some experience is beneficial

Moderate activity, some experience is required

Key:



••• Challenging activity, extensive experience is necessary



## ) Snowshoeing



Get a glimpse of how intrepid explorers would have traversed Antarctica in the past, by participating in our snowshoeing activity.



### ) Ski & Snowboard Touring

Take on some of the world's most incredible slopes on the only truly white continent on earth – Antarctica.



#### Alpine Trekking & Climbing •••

Led by experienced guides, you will come face to face with Antarctica's mighty mountain peaks, trek over technical alpine passes and go ice climbing on the continent known for its frozen splendour.





#### Shackleton's Crossing



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Follow in the footsteps of Sir Ernest Shackleton and trek for up to three days across South Georgia, from King Haakon Bay to Stromness, either on foot or on skis.



# (P) Camping



Spend an unforgettable night on the white continent – hear the sounds of ice cracking in the distance and wildlife carrying out their busy schedule around you.



Zodiac-cruising in Antarctica © M Horspool